



*All our food is made from scratch  
in our own kitchen everyday.*

*-est. 1992-*

Hours of Operation

7 am - 3 pm Sunday-Tuesday

7am-8pm Wednesday -Saturday

Parties of 6 or more will be subject to 18% gratuity

107 NW. 8TH STREET  
GRAND PRAIRIE, TX 75050

[www.theosgrillbar.com](http://www.theosgrillbar.com)

972-262-8886

Fax: 972-642-4232

*All prices subject to change.*

## Appetizers

Nachos	\$11.50	Chicken Wing (9 pcs)	\$15.59
Loaded Nachos	\$11.95	Fried chicken wings served with ranch or tossed in Buffalo sauce (upon request)	
Tortilla chips with melted cheddar cheese, choice of beef or fajita chicken.		Fried Mushrooms	\$10.95
<b>Cheese Sticks (7 pieces)</b>	\$9.95	Breaded and fried to a golden brown served with ranch	
Breaded mozzarella sticks served with ranch or marinara sauce		<b>Quesadilla</b>	\$10.95
<b>Cheddar Fries or Potato Skins</b>	\$9.95	Tortillas filled with melted cheese, choice of beef fajita or chicken fajita	
Topped with melted cheddar cheese, bacon bits and sour cream		<b>Sampler Plate (2) \$11.55 (3) \$13.95</b>	
<b>Fried Pickles</b>	\$9.95	Choice of wings (4), mushrooms, cheese sticks (4), fried pickles.	
Fried pickles served with ranch			
<b>Chili (Bowl)</b>	\$7.49		
<b>Chili (Cup)</b>	\$5.79		



## Old Fashioned Hamburgers

\*Made with mustard, lettuce, tomatoes, onions and pickles. Served with fries or chips. All Burgers are made to order.

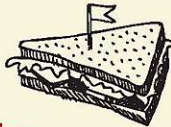
Old Fashioned Hamburger	\$9.95	Chicken Fried Chicken Sandwich	\$11.95
Old Fashioned Cheese Burger	\$10.55	With mayo	
Chili Cheese Burger	\$10.95	<b>Texas Burger</b>	\$16.95
Mushroom Swiss Cheese Burger	With Mayo \$10.95	Double chop steak (20oz meat) stack with bacon, cheese, grilled onions and A1 sauce.	
Bacon Cheese Burger	\$10.95	<b>*Substitute Home Made Onion Rings \$1.50 extra</b>	
Daddy Jack	\$12.95		
Double meat and double cheese		Jalapeño	\$0.75
<b>Big Daddy</b>	\$14.95	Cheese	\$1.00
Triple meat, triple cheese, and bacon		Grilled Onions	\$0.95
<b>Turkey Burger</b>	\$10.95	Mushrooms	\$1.50
Sante Fe Burger w/ Green Chili & Cheddar	\$11.50	Bacon 2pcs	\$2.50
Spicy Chicken Sandwich	With Mayo \$11.95	Add Chili	\$1.75
Chicken Fried Steak Sandwich	With Mayo \$11.50		



## Sandwiches

\*Cold sandwiches are made with mayo, lettuce, and tomatoes. Onions upon request. Served with french fries or chips, sub homemade onion rings for \$1.50 extra

Cold	Club	Hot	
Tuna Salad \$9.75	Ham Club \$10.95	Hot Chicken Fried Steak w/ Gravy	\$11.95
B.L.T. \$9.75	Bacon Club \$10.95	Hot Hamburger (Brown Gravy)	\$11.95
Ham \$9.75	Turkey Club \$10.95	Crispy Chicken	\$11.95
Turkey \$9.75	Combo Club \$11.95	Grilled Chicken	\$11.95
	with all the Meat	Grilled Cheese	\$7.55
<b>Melts</b>	Cheese Burger-Club \$11.55	Add Ham or Bacon	\$9.85
Patty Melt \$9.75		Hot Ham & Swiss Cheese	\$10.55
Turkey Melt \$9.95		Open Face Double Chili-Cheeseburger	\$13.95
Tuna Melt \$9.95		Grilled Buffalo Chicken	\$11.95
		Buffalo Chicken Tendem Sandwich	\$12.95



## South of the Border

Beef or Chicken Fajitas	\$14.95	Beef or Chicken Soft Tacos	\$12.95
Marinated beef or chicken with grilled onions and bell pepper served with flour tortillas		Two flour tortillas filled with beef fajita or chicken fajita, lettuce, tomatoes and cheese	
<b>Beef or Chicken Enchiladas</b>	\$13.45	<b>Beef or Chicken Chimichanga</b>	\$11.95
Three corn tortillas filled with beef or chicken, topped with melted cheese and enchilada sauce		Tortilas filled with ground beef or shredded chicken, topped with melted cheese and enchilada sauce	
<b>Cheese Enchiladas</b>	\$11.95	<b>Tex-Mex Lasagna</b>	\$11.95
Three corn tortillas filled with cheese, topped with melted cheese and enchilada sauce		Corn tortilla, layered with seasoned ground beef, beans, cheese, chili, topped with lettuce, tomatoes, and jalapenos	
<b>Santa Fe Chicken</b>	\$13.95		
Grilled chicken, topped with green chilies, cheese and pico de gallo			



## Salads

Choice of homemade Ranch, thousand island, honey mustard, italian, blue cheese, ceasar, greek, lite ranch, balsamic or French dressing. All salads are served with choice of dinner roll, cornbread, or crackers

- Greek Salad** \$10.55  
Fresh romaine lettuce, tomatoes, onions, kalamata olives and feta cheese. (Add Chicken \$11.95)
- Chef Salad** \$11.95  
Julienne strips of ham and turkey, lettuce, tomatoes, egg, croutons, onions, and topped with shredded cheese
- Grilled Chicken Salad** \$12.95  
Slices of marinated chicken, lettuce, tomatoes, onions, croutons, egg and topped with shredded cheese
- Spicy Chicken salad** \$12.95  
Slices of crispy spicy chicken, lettuce, tomatoes, onions, croutons, egg and topped with shredded cheese
- Caesar Salad** \$10.45  
Fresh romain lettuce, croutons, and parmesan cheese  
Add Chicken \$11.95
- Taco Salad** \$11.95  
Large flour tortilla bowl filled with lettuce, tomato, pico de gallo, and cheese with your choice of seasoned ground beef or shredded chicken
- Soup & Side Salad** \$9.95
- Soup & 1/2 Sandwich** \$9.95  
Choices: Ham, Turkey, BLT, or Grilled cheese



- Chicken Tender Salad** \$12.55  
Chopped crispy chicken tenders, lettuce, tomatoes, onions, egg, croutons and topped w/ shredded cheese
- Garden Salad** \$8.55  
Large bowl of lettuce, tomatoes, onions, croutons, egg, and topped with shredded cheese
- Stuffed Tomato** \$10.95  
Tomato stuffed with a scoop of tuna, cottage cheese, egg, pickle spear, and peaches
- Low Calorie Plate** \$10.95  
Broiled hamburger patty, cottage cheese, peaches, tomatoes, pickle spear, and a boiled egg
- Buffalo Chicken Tender Salad** \$12.95  
Chicken tenders tossed in buffalo sauce, lettuce, tomatoes, onions, croutons, egg and topped with shredded cheese

### EXTRA

Scoop of Tuna	\$3.25
Side Salad	\$3.99
Extra Dressing	
Small (2oz)	\$1.00
Regular (4oz)	\$1.50
Extra Egg	\$1.95
Extra Cheese	\$0.95
Substitute for Romaine Lettuce	\$0.99

## Homemade Soups

	Cup	Bowl
Vegetable Beef (Mon - Fri)	\$4.19	\$5.39
Chicken & Rice (Mon)	\$4.19	\$5.39
Chicken Noodle (Tue)	\$4.19	\$5.39
Broccoli Cheese (Wed)	\$4.19	\$5.39
Potato Soup (Thur)	\$4.19	\$5.39
Kale Soup (Fri)	\$4.19	\$5.39
Chicken Dumplings		\$7.55
Friday until sold out		
Bowl Of Homemade Beef Stew		\$8.29
Seasonal on Saturday until sold out		



## Kids Menu

\*For kids under 12 year only.

Grilled Cheese with Fries	\$5.49
Chicken Nuggets with Fries <sup>7pieces</sup>	\$5.99
Macaroni & Cheese with Fries	\$5.49
Kids Burger with Fries	\$6.99
Plain & Dry	
*Additional Charges on Vegetables	

## Seniors Menu

Senior's Chicken Tenders (3pieces with 2 sides)	\$10.75
Senior's Pork Chop (1 piece with 2 sides)	\$10.75
Senior's (1) Liver & Onion (Served with 2 sides)	\$10.75



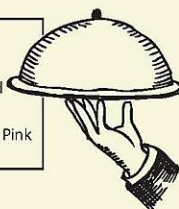
## Chef's Choice

\*Served with your choice of two sides, dinner rolls or corn bread.  
Baked potato available after 4:30 PM. All steaks are cooked to your specifications

<b>Sirloin Steak</b> 8oz of sirloin steak	<b>\$17.99</b>	<b>Ham Steak</b> Thick cut of pit ham with pineapple	<b>\$12.25</b>
<b>Grilled Pork Chops</b> Two center cut pork chops (bone-in)	<b>\$16.59</b>	<b>Beef Liver</b> Hand breaded calf liver smothered With sauteed onions and brown gravy	<b>\$12.25</b>
<b>Chopped Steak</b> USDA ground sirloin smothered with sauteed onions and brown gravy	<b>\$13.95</b>	<b>Veggie Plate</b> Choice of four homemade vegetables \$9.55 Choice of three homemade vegetable \$8.45 *baked potato is an additional \$1.75	
<b>Chicken Tenders</b> Hand breaded tenders served with cream gravy	<b>\$12.95</b>	<b>Spaghetti with Meat Sauce</b> An old favorite with garlic bread	<b>\$11.55</b>
<b>Grilled Chicken</b> Marinated chicken breast	<b>\$12.95</b>		
<b>Chicken Fried Chicken</b> Deep fried hand-breaded chicken breast served with cream gravy	<b>\$13.45</b>		
<b>Chicken Fried Steak (8oz)</b> Breaded cube steak served with cream gravy	<b>\$13.45</b>		

### Cook To Order

Rare	Red
Medium Rare	Lightly Red
medium	Pink
Medium Well	Almost No Pink
Well	No Pink



## From the Sea

\*All seafood served with french fries and cole slaw, or 2 sides of your choice

<b>Tilapia (8oz)</b> Grilled or blackened served with hushpuppies	<b>\$15.95</b>	<b>Fish &amp; Shrimp</b> Catfish fillet (1), jumbo shrimp (3), served with hushpuppies.	<b>\$17.95</b>
<b>Catfish Fillet</b> Breaded with cornmeal deep fried or grilled Cajun style served with hushpuppies	<b>\$13.95</b>	<b>Single Piece of Catfish</b>	<b>\$7.59</b>
<b>Jumbo Shrimp</b> Deep fried Gulf shrimp (6) served with hushpuppies	<b>\$15.95</b>	<b>Single Piece of Shrimp</b>	<b>\$2.59</b>

## Drinks

	<b>Small</b>	<b>Large</b>		
<b>Milk</b>	<b>\$2.99</b>	<b>\$3.99</b>	<b>Coffee (Regular / Decaf)</b>	<b>\$2.99</b>
<b>Chocolate Milk</b>	<b>\$2.99</b>	<b>\$3.99</b>	<b>Tea (Hot / Cold)</b>	<b>\$2.99</b>
<b>Juice</b> Orange, Tomato, Grapefruit, Apple or Pineapple	<b>\$2.99</b>	<b>\$3.99</b>	<b>Hot Chocolate</b>	<b>\$3.99</b>
			<b>Soft Drinks</b>	<b>\$2.99</b>
			Coke, Diet Coke, 7 Up, Root Beer, Dr. Pepper	



### Beer

Domestic Longecks  
Imported



### Wine

Chardonnay  
Merlot  
Zinfandel  
Cabernet  
Lambrusco



### Spirits

Jack Daniels  
Crown Royal  
Johnnie Walker  
Chivas Regal

Just ask for your favorite cocktail!

If we are a few minutes late with your order, it is because it is being made fresh.  
All our food is made from scratch in our own kitchen everyday.  
Minimum Credit Card Charge is \$5.00

**\*Any substitutions are subject to additional charges**

## Breakfast Combos

- Two eggs, two strips of bacon, strip of ham** \$12.45  
One sausage patty, hashbrowns and choice of two pancakes or toast
- Two egg, two strips of bacon, two sausage patties** \$11.45  
And choice of two pancakes or toast
- Two egg, two strips of bacon, two sausage patties** \$11.45  
And two slices of french toast
- Belgian waffle, two eggs, hashbrowns or grits** \$11.45  
With bacon or sausages
- Three eggs, 3 strips of bacon, 2 sausage patties** \$14.45  
Slice of ham hashbrowns, and choice of two pancakes or toast
- Two pork chops, two eggs, hashbrowns or grits** \$16.95  
And choice of two pancakes or toast
- Chicken fried steak, two eggs, hashbrowns** \$13.55  
And choice of two pancakes or toast
- 8oz. Sirloin steak, two eggs, hashbrowns or grits** \$18.95  
And choice of two pancakes or toast
- Ham steak, two eggs, hashbrowns or grits** \$13.95  
And choice of two pancakes or toast
- Corned beef hash, two eggs, hashbrowns or grits** \$13.45  
And choice of two pancakes or toast
- Theo's special : two eggs, hashbrowns or grits** \$9.95  
Bacon or sausage and toast
- Smoked sausage, two eggs, hashbrowns or grits** \$12.55  
Choice of two pancakes or toast
- Chopped steak, two eggs, hashbrowns or grits** \$13.55  
Choice of two pancakes or toast

Mimosa (Champagne & Orange juice)  
Weekend Special \$5.99 | Mon-Fri \$6.99

## Breakfast Special Please no substitution

- 2 Eggs and Toast with Bacon or Sausage** \$7.69
- Southern Breakfast Special** \$6.59  
2 Biscuits, sausage patties and grits served with a side gravy

## Omelettes \*One 3 egg omelette served with hashbrowns and toast or biscuit and gravy

- Denver omelette** \$11.50  
Ham, cheese, onions and bell peppers
- Spanish omelette** \$11.50  
Tomatoes, bell peppers, onions and cheese
- Theo's Special omelette** \$12.55  
Ham, bacon, sausage, cheese, bell peppers, onions and tomatoes
- Cheese Omelette** \$10.50  
Cheddar cheese
- Turkey, Ham or Bacon & Cheese Omelette** \$11.95  
Classic style
- Southwest Omelette** \$11.75  
Taco meat, tomatoes, onions, bell peppers, jalapenos, cheese
- Lumber Jack** \$15.29  
Five eggs, loaded with all the meats, onions, bell peppers, cheese, tomatoes and mushrooms
- Chili & Cheese Omelette** \$11.95  
Chili, cheese and onions
- Greek Omelette** \$11.45  
Feta cheese, onions and bell peppers

## Pancakes, Waffles & More

- Chicken & Waffle** \$12.95  
**Short Stack (2)** \$6.95  
**Add Bacon, Sausage or Two Eggs or Add Ham** \$9.95 \$10.25  
**Full Stack (3)** \$7.95  
**Add Bacon, Sausage or Two Eggs or Add Ham** \$10.95 \$11.25  
**Belgian Waffle** \$8.55  
**Add Bacon, Sausage or Two Eggs or Add Ham** \$11.55 \$11.75  
**French Toast** \$8.55  
**Add Bacon, Sausage or Two Eggs** \$11.55

## Eggs \*Served with hashbrowns or grits and toast

- One Egg Any Style** \$4.99  
**Two Egg Any Style** \$6.59  
**Three Egg Any Style** \$7.99  
**Add Bacon Or Sausage** \$4.49  
**Add Ham** \$4.59

## South of the border

- Breakfast Taco Plate (2)** \$8.29  
Two eggs, cheese, sausage in flour tortilla
- Breakfast Burrito** \$9.39  
Eggs, cheese, sausage in flour tortilla served with hashbrowns or grits
- Huevos Rancheros** \$9.39  
Two eggs on corn tortillas covered with cheese and salsa served with hashbrowns or grits and 3 flour tortillas
- Migas** \$10.50  
Eggs, strips of corn tortillas, jalapenos, cheese, onions, tomatoes served with hashbrowns or grits and 3 flour tortillas
- Egg Quesdillas** \$9.75  
Eggs, tomatoes, onions, bell peppers and cheese served with hashbrowns or grits
- Chorizo** \$10.50  
Scrambled eggs with chorizo served with hashbrowns or grits and 3 flour tortillas

## Kids Menu \*12 years old or under only

- Three Silver Dollar Pancakes** \$5.99  
with bacon (2) or sausage (1)
- French Toast** \$5.99  
with bacon (2) or sausage (1)
- One Egg and Toast** \$5.99  
with bacon (2) or sausage (1)

\*Any substitutions are subject to additional charges

## Sides

- |                            |        |                            |        |
|----------------------------|--------|----------------------------|--------|
| <b>Toast</b>               | \$2.19 | <b>Sausage</b>             | \$3.49 |
| <b>Biscuit &amp; gravy</b> | \$3.79 | <b>2 egg sandwich</b>      | \$5.39 |
| <b>Biscuit (2) only</b>    | \$2.75 | <b>Bacon sandwich</b>      | \$5.99 |
| <b>Pancake (1)</b>         | \$2.99 | <b>Hashbrowns</b>          | \$2.99 |
| <b>Breakfast taco (1)</b>  | \$2.99 | <b>Bowl of oatmeal</b>     | \$3.99 |
| <b>One egg</b>             | \$2.49 | <b>Cup of oatmeal</b>      | \$2.79 |
| <b>Two eggs</b>            | \$3.99 | <b>Bowl of grits</b>       | \$3.89 |
| <b>Ham</b>                 | \$4.99 | <b>Cup of grits</b>        | \$2.79 |
| <b>Ham steak</b>           | \$8.29 | <b>English muffin</b>      | \$2.49 |
| <b>Hamburger patty</b>     | \$3.49 | <b>Chicken fried steak</b> | \$6.99 |
| <b>Bacon (3)</b>           | \$3.49 | <b>Sides of tomato</b>     | \$2.29 |
| <b>Smoked sausage</b>      | \$3.49 | <b>Side of jalapenos</b>   | \$0.99 |
| <b>Home fries</b>          | \$2.99 | <b>Side chop steak</b>     | \$7.59 |
| <b>Corned beef hash</b>    | \$4.79 |                            |        |

# Luncheon Specials

\*Daily luncheons served from 10:30 am - 3:00 pm.  
 All luncheons come with your choice of two sides, dinner roll or corn bread.  
 Daily Luncheon Prices: (Mon - Sat) \$11.95 Sunday \$12.95

## Monday

Links & Sauerkraut  
 Chicken Pot Pie  
 Chopped Steak  
 Chopped Beef Sandwich  
 Stuffed Potato  
 with Chopped Beef *1 Side*

## Tuesday

Meatloaf  
 Roast Pork & Dressing  
 Liver & Onions  
 Monterrey Chicken  
 Chopped Steak

## Wednesday

Beef Tips & Rice or Noodle  
 Chicken Parmesan  
 & Spaghetti *1 Side*  
 Chopped Steak  
 Beef Burrito

## Thursday

Roast Beef  
 Spaghetti  
 & Meatballs *Only 1 Side*  
 Chopped Steak  
 Taco Salad *No Sides*  
 Pepper Chicken

## Friday

Smothered Pork Chops  
 Chicken and Dumplings  
 Fried Catfish  
 Chopped Steak  
 Beef Tips & Rice or Noodle

## Saturday

Theo's Nachos *No Sides*  
 Chopped Steak  
 Beef or Chicken  
 Chimichanga  
 Beef or Chicken Soft Tacos  
 Tex-mex Lasagna  
 Beef Stew "When Available"

## Sunday

Chicken & Dressing  
 Ham Steak  
 Chopped Steak  
 Fried Catfish

Chicken fried steak,  
 Chicken fried chicken and  
 Beef or chicken enchiladas  
 Are also included in the daily  
 Luncheon specials



# Side Dishes

\*No double orders

Baked Potato (After 4:30 pm) \$6.59  
 Loaded Baked Potato (After 4:30 pm) \$6.99  
 French Fries \$3.29  
 Fried Okra \$2.49  
 Spanish Rice \$2.49  
 Carrots \$2.49  
 Macaroni & Cheese (Wed & Sat) \$2.49  
 Cottage Cheese \$2.79  
 Candied Yams (Sunday) \$2.79  
 Twice Baked Potato (Friday Lunch) \$3.39  
 Mashed Potatoes \$2.49  
 \*loaded \$1.50 Extra  
 Green Beans \$2.49  
 Pinto Beans \$2.49  
 Lima Beans (Thursday) \$2.49  
 Okra & Tomato (Wednesday) \$2.59  
 English Peas \$2.49  
 Cole Slaw \$2.49

Home Made Onion Rings Large \$4.29  
 Side \$3.29  
 Spinach (Mon & Thurs) \$2.49  
 Dressing (Sun & Tues) \$2.79  
 Turnip Greens \$2.49  
 Black Eye Peas \$2.49  
 Side Salad \$4.29  
 Cabbage (Mon & Tue) \$2.49  
 Broccoli \$2.79  
 Cornbread Or Roll (Each) \$0.60  
 Side Garlic Toast \$1.29  
 Side Texas Toast \$1.29  
 Ranch Dressing Cup \$3.29  
 Bowl \$5.99

## Feeds 20

1/2 Pan Homemade Dressing \$27.59  
 1/2 Pan Mac & Cheese \$27.59  
 1/2 Vegetable \$27.59



# Desserts

Coconut Meringue Pie \$4.29  
 Chocolate Meringue Pie \$4.29  
 Lemon Meringue Pie \$4.49  
 French Silk Pie \$4.59  
 Blueberry Pie \$4.29  
 Pecan Pie \$4.29  
 Apple Pie \$4.29  
 Cheese Cake \$4.29  
 Puddings (Thursday) \$3.59  
 Cherry Pie \$4.29  
 Chocolate Mousse Cake \$4.99  
 Whole Pies MKT

\*Any substitutions are subject to additional charges

